

# Association of anti-neutrophil cytoplasmic antibody in ischemic stroke Egyptian patients with hepatitis C virus

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### **Abstract**

Some studies reported a high prevalence of ischemic stroke in hepatitis C virus patients, other several studies have suggested that hepatitis C virus (HCV) may act as a trigger for autoimmune diseases and autoantibodies including Anti-Neutrophil Cytoplasmic Antibody (ANCA) which predispose to vasculitis. Because vasculitis is a risk factor for ischemic stroke, we investigated the association of the hepatitis C virus with ANCA in first-ever ischemic stroke patients. This study included 67 Egyptian patients with first-ever ischemic stroke. These patients were clinically examined and investigated for HCV infection by chemiluminescence & Real Time-PCR, and ANCA antibodies by ELISA. Forty-two patients (62.7%) had HCV infection. Twenty-nine (43.2%) of them were cytoplasmic-Antineutrophil Cytoplasmic Antibodies (c-ANCA) positive, while none was perinuclear- Antineutrophil Cytoplasmic Antibodies (p-ANCA) positive. Comparison between c-ANCA positive and ANCA negative patients showed that 82.8% and 47.4% had anti-HCV antibody, respectively, with P-value 0.003. The c-ANCA level correlated significantly with age, and HCV antibody level. No statistically significant difference was found in both the consciousness and stroke severity between the negative and positive c- ANCA patients. However, patients with positive c-ANCA had smaller and multiple cerebral infarctions with P-value 0.002 and 0.01 respectively. Multiple regression analysis showed that the number and size of cerebral infarctions were independent predictors of c-ANCA positivity with P value 0.02, and 0.03 respectively. In conclusion, c-ANCA level correlates with HCV antibody and may predispose to ischemic stroke by a possible ANCA associated vasculitis.

Keywords: Anti-Neutrophil Cytoplasmic Antibody (ANCA), Cerebro- vascular stroke (CVS), hepatitis C

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### Introduction

Stroke is the second leading cause of death worldwide and the main determinant of long-

term disability.<sup>30</sup> Infection appears to be an important trigger that precedes up to a third of ischemic strokes as inflammatory responses, which occur as a defense mechanism against

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infection can be a pathogenic mechanism that precipitates stroke and neurological sequelae.<sup>17</sup>

extrahepatic manifestations sometimes be the initial presentation of chronic HCV infection. Some of the extrahepatic manifestations have clear associations with the HCV infection, others were induced by immune responses triggered by HCV infection. The most common auto-immune diseases associated with chronic **HCV** infection are mixed cryoglobulinemia, autoimmune thyroiditis, syndrome, nephropathy, sicca idiopathic pulmonary fibrosis, lichen planus, type II diabetes mellitus, chronic polyarthritis, and porphyria cutanea tarda has been shown. 26, 48,

Autoimmune manifestations in chronic HCV infection are due to cross reactive immune reactions between epitopes detected on the viral polyprotein and human proteins inducing auto-antibodies causing tissue injury and inflammation. <sup>35, 55, 56, 60</sup>

A population based cohort study concluded that chronic hepatitis c virus infection increases the risk of stroke and could be an independent risk factor for ischemic stroke. <sup>38</sup> A recent meta-analysis reported a significantly increased risk of stroke in association with HCV infection<sup>27</sup>.

Cojocaru and colleagues reported that ANCA with anti- proteinase 3 (anti-PR3) specificity resulting from HCV infection were common, the authors also found that HCV patients with ANCA had a higher prevalence of ischemic stroke. Other reports did not found a significant association between HCV infection and stroke and this may be explained by the heterogeneity of the studied populations as regard gender, race, and hypertension the difference in the laboratory measurement into which the HCV was diagnosed only by anti HCV antibody and not using HCV RNA level.

The mechanism by which HCV may predispose to ischemic stroke is unclear. Atherosclerosis plaque carotid destabilization subsequent rupture and erosion plays a crucial role in the development of 20%-30% of all cases of ischemic stroke<sup>3</sup>. Inflammation is the key mediator plaque rupture thromboembolism. 53 Occlusive cerebral vascular diseases can also occur in the context of HCVrelated such vasculitis, mixed cryoglobulinemia, antiphospholipid syndrome, and anti-neutrophil cytoplasmic antibodies (ANCA)-associated vasculitis. 51

The antineutrophil cytoplasmic antibody (ANCA) is a class of immunoglobulins features the classic cytoplasmic (c-ANCA) and the perinuclear (p-ANCA) subtypes, which are predominantly generated against the cytosolic antigens proteinase 3 (PR3) and myeloperoxidase (MPO), respectively.<sup>29</sup>

Abnormal production of ANCAs can lead to neutrophil-mediated vascular injury in ANCA-associated vasculitis (AAV) which is diagnosed by biopsy.<sup>24</sup> However, in clinical practice a biopsy is not always done, and a diagnosis is frequently made through clinical features with multiple organ affection including lung and kidneys involvement in combination with positive ANCA serology. Importantly, positive ANCA serology can also be found in other conditions with systemic symptoms, or even in asymptomatic patients.<sup>16, 41</sup>

In this study we investigated the association between ANCA antibodies and HCV in patients with first ever ischemic stroke and find the relations between them and the neurological deficits.

# **Patients and Methods**

This is a cross sectional study that included 67 patients who were admitted to Neurology department, Sohag University Hospital between December 2017 to December 2019. Only patients with first ever ischemic stroke were enrolled in this study.

Stroke, diagnosed with focal neurological signs or symptoms thought to be of vascular origin that persisted for > 24 hours<sup>33</sup>, confirmed by brain computed tomography (CT) and /or MRI. Those with clinical data corresponding to stroke with normal brain CT-Scan result was also considered as ischemic stroke but another CT scan was done after 2 days to measure the maximum lesion diameter.

The cerebral lesions whose maximum diameter was ≥4 cm were considered large infarction.<sup>43</sup>

Exclusion criteria included: Acute transient ischemic attack (TIA), recurrent stroke; intracerebral hemorrhage (ICH), decompensated liver disease, Hepatitis C and B coinfection and autoimmune diseases.

Patients with history of drug intake that may cause false positive ANCA test were also

excluded. These drugs include Hydralazine, antithyroid drugs like propylthiouracil (PTU), minocycline, recreational drugs (cocaine and amphetamine), ergotamine and allopurinol.

Stroke severity was measured by the Scandinavian Stroke Scale (SSS) and categorized according to Stroke Unit Trialists' Collaboration into mild (43-58); moderate (26-42) and severe (0-25).<sup>58</sup>

Glasgow coma scale was used to assess conscious level of the patient and was graded as mildly disturbed (GCS=13-15), moderately disturbed (GCS =9-12), severely disturbed (GCS ≤8).<sup>57</sup>

The stroke outcome (within 1 month of admission) was determined using the modified Rankin Scale (mRS) which is graded from 0 to 6 points applied within the first twenty-four-hours of admission (baseline). Patients with mRS < 3 was labeled as favorable outcome or independence (no symptoms/mild disability) and those with mRS  $\geq$  3 were labeled as unfavorable outcome or dependence (moderate/severe disability).  $^{54,59}$ 

All patients were managed using a standardized protocol adapted from international guidelines for managing acute ischemic stroke and none of them received thrombolytic therapy.

Demographic and clinical data and recorded traditional stroke risk factors before the inclusion in the study were obtained.

Each patient was subjected to the following: full medical examination including symptoms of upper airway obstruction, GIT and asthma. Also, symptoms of joint affection or skin rash are evaluated.

Full neurological evaluation including age, sex, traditional stroke risk factors and history of exposure to previous operations or blood transfusion with assessment of hepatic function including manifestations of hepatitis and liver cell failure such as jaundice, hepatomegaly, splenomegaly, ascites, and lower limb edema.

Assessment of blood pressure; high blood pressure was defined as; use of anti-hypertensive drugs or persistently elevated blood pressure (>140/90 mmHg) on admission.

Diabetes mellitus was defined as; use of hypoglycemic agents or a fasting plasma glucose of >126 mg/dl (after no caloric intake for at

least 8 hours) or, casual plasma glucose >200 mg/dl.

Abdominal Ultrasonography (U/S): Patients are subjected to U/S examination to detect hepatic enlargement, focal lesion(s) and cirrhosis.

Laboratory investigations: 10 ml of venous blood were withdrawn from each subject under aseptic conditions and by using sterile disposable gloves. The following investigations were performed:

- 1. Complete Blood Count (CBC): CBC was done by CEII DYN 3700 (Abbott Laboratories, Diagnostic Division, IL, USA).
- 2. Biochemical assays for blood Glucose, Creatinine and Liver function tests including Alanine Aminotransferase (ALT), Aspartate Aminotransferase (AST), Alkaline phosphatase (ALP), Total bilirubin (TB) and Albumin were determined by Cobas c311 Chemistry Analyzer System (Roche Diagnostics GmbH, Indianapolis, IN, USA).
- 3. Serological testing for both anti-HCV and HBsAg were done by Architect i1000SR system (Abbott Laboratories, Diagnostics Division, Abbott Park, IL).
- 4. Quantitative Real time PCR for the detection of HCV RNA and viral load:

A- Extraction) of RNA from serum: HCV viral RNA was extracted form serum samples by the use of fully automated QIAcube instrument and using specific kits; QIAgen columns (QIAamp Viral RNA Mini kit plus QIAmp Viral RNA Mini Accessory SET, cat. No. 1048147 QIagen Inc), according to the manufacturer' instructions.

B- Real time quantitative PCR: HCV viral load was quantified using specific TaqMAn® probebased technology (QIAamp Viral RNA Mini Kit cat. No. 52904 Qiagen Inc) and 7500 Fast Real Time-PCR system (Applied Biosystems, CA, USA), according to the manufacturer' instructions. The reaction mixture was used in a total volume of 25  $\mu$  including 10  $\mu$  of the sample extract and 15  $\mu$  of the Master Mix which prepared by: 6 µ Hep. C virus Master A and 9  $\mu$  Hep. C virus Master B. The real-time cycler conditions were performed according to the following conditions: Incubation at 50° C for 30 min. then at 95° C for 15 min. to activate the Tag enzyme followed by 50 amplification cycles. Each cycle consists of denaturation at 95° C for

30 sec, primer annealing at 50° C for 60 sec and primer extension at 72° C for 30 sec.

5. Detection of Anti-PR3 (C-ANCA) and Anti-MPO (P-ANCA) in serum:

Blood samples were withdrawn, left to clot at room temperature then centrifuged for 15 minutes at 1000×g. Serum was collected, divided into aliquots and stored at -20°C.

Both of Anti-PR3 and Anti-MPO were measured in serum samples using an enzymeimmunosorbent assay (ELISA) kit linked (ORGENTEC Diagnostika, GmbH Carl-Zeiss-Straße 49-51, 55129 Mainz – Germany), according to the manufacturer' instructions. Patient samples were diluted 1:100 before the assay, 10 µl of each sample was added to 990 µl of prediluted sample buffer in a polystyrene tube and mixed well. Calibrators and controls are ready to use and need not be diluted. Calibrators, controls and prediluted patient samples were pipetted into the wells and incubated for 30 minutes at room temperature. Then, the contents of the microwells were discarded and washed 3 times. Horseradish peroxidase (HRP) conjugated anti-human antibodies was added to each well. Then, the plate was incubated for 15 minutes at room temperature. The contents of the microwells were discarded and washed 3 times. TMB substrate solution was added to each well and incubated for 15 minutes at room temperature. An enzyme substrate in the presence of HRP was catalyzed to form a blue colour. The reaction was stopped by addition of an acid stop solution forming a yellow color. The absorbance O.D. was measured at 450 nm using Fisher Scientific Multiskan Thermo Microplate Reader (Thermo Fisher Scientific Oy, FI-01621 Vantaa, Finland). The Anti-PR3 or Anti-MPO concentration of samples, was determined by comparing the O.D. of the samples to a standard curve. The normal cut off healthy persons was less than 5 U/ml.

lipogram was done and Cholesterol level was considered normal when total cholesterol is less than 200 mg/dL, and LDL level is less than 100 mg/dL, while HDL level is 60 mg/dL or higher and normal Triglycerides is less than 150 mg/dL<sup>18</sup>

Statistical analysis

The statistical analysis was performed using the Statistical Package for the Social Sciences for window (SPSS 20.0, IBM Corp., Armonk, NY, USA). All the patients' data were tabulated. Descriptive statistics were employed investigate general characteristics of the patients. The patients were classified into 2 groups according to the presence or absence of c-ANCA. Continuous data were expressed as mean ± SD, and categorical data were expressed as numbers and percentages. Comparisons of differences between two groups were performed by the Student's t-test for the continuous data, Chi-square test for categorical data. Association between c-ANCA levels and different categories HCV antibodies was determined by Pearson's product correlation and preliminary analyses were performed to ensure no violation of the assumptions of normality, linearity and homoscedasticity. All the predictive variables were first examined by logistic regression analysis. The analysis was performed by "enter method" among selection methods of variables. Odds ratio (OR) and 95 % confidence interval (95 % CI) were also determined. Survival curves were obtained using Kaplan-Meier's method. P values of less than 0.05 were considered significant.

### Results

The study included 67 patients with first ever ischemic stroke. Forty-two patients (62.7%) were HCV antibodies positive and 25 patients (37.3%) were HCV antibodies negative. The study included 36 males (53.7%) and 31 female (46.2%) patients. Sixteen patients (23.8%) were smoker. Hypertension and DM were present in (67%) and (35.7%) respectively, 43.2% were c-ANCA positive Table (1).

For ANCA test, titers > 1: 40 were considered positive. All sera with ANCA showed c-ANCA pattern. None of the sera from ischemic stroke patients and HCV infection had p-ANCA. Table (1)

Most of the patients (67.1%) had mildly disturbed conscious level by GCS and 52.2% of the patients have unfavorable outcome while death was reported in 12 patients (17.9%), Table (1).

Table 1. Clinical and laboratory	characteristics of	ischemic stroke	Egyptian	patients wit	th hepatitis C
virus.					

Variable	Number, (%)	Variable	Number, (%)
Age		c_ANCA	
(mean ± SD)	61.2±8.2	Negative	38, (56.7)
Range	45-80	Positive	29, (43.3)
Sex		p_ANCA	
Male	36, (53.7)	Negative	38, (56.7)
Female	31, (46.3)	Positive	29, (43.3)
Smoking		Cholesterol	
Never smoke	37, (55.2)		42 (62 7)
Former smoker	14, (20.9)	Normal	42, (62.7)
Current smoker	16, (23.9)	High	25, (37.3)
Hypertension		Triglycerides	
Normotensive	22, (32.8)	Normal	30, (44.8)
Hypertensive	45, (67.2)	High	37, (55.2)
Cardiac disease		Consciousness measured by GCS	
Rheumatic heart	2, (2.9)		45 (67.2)
Ischemic heart	23, (34.3)	Mild (13-15)	45, (67.2)
Arrhythmia	3, (4.5)	Moderate (9-12)	18, (26.9)
Dilated cardiomyopathy	1, (1.5)	Severe (≤ 8)	4, (5.9)
Liver		Stroke severity by SSS	
Normal	27, (40.3)		24 (46 2)
Mild course	23, (34.3)	Mild (43-58)	31,(46.3)
Liver cirrhosis	15, (22.4)	Moderate (26-42)	15, (22.4)
HCC	2, (2.9)	Severe (0-25)	21, (31.3)
Diabetes mellitus		Stroke-Outcome	
Type 1	8, (11.9)	Favorable outcome (mRS<3)	32, (47.8)
Type 2	16, (23.9)	Unfavorable outcome (mRS≥3)	35, (52.2)
Anti-HCV anti-bodies		Mortality	
Negative	25, (37.3)	Alive	55, (82)
Positive	42, (62.7)	Death	12, (17.9)
HCV RNA level (IU/ml)			
Undetectable (< 34)	25, (37.3)		
Low viremia (34-100,000)	23, (34.3)		
High viremia (>100,000)	19, (28.4)	Anti hanatitis C visus antihadios: HCV PNA - Ha	

HCC= hepatocellular carcinoma; Anti-HCV antibodies= Anti-hepatitis C virus antibodies; HCV RNA= Hepatitis C virus RNA; c-ANCA=cytoplasmic ANCA; p-ANCA= perinuclear ANCA: GCS= Glasgow coma scale; SSS= Scandinavian stroke scale; mRS= modified Rankin scale.

The patients were classified into 2 groups according to the presence or absence of c-ANCA. The mean age of c-ANCA positive patients was significantly higher than c-ANCA negative patients. Twenty-nine (43.2%) of the patients were c-ANCA positive, most of them were males (62%). Smoking was significantly

higher in c-ANCA positive patients (*P* value=0.027). (Table 2). Most of the c-ANCA positive patients had multiple but small cerebral infarctions (Table 2).

There was no significant correlation between c-ANCA positive test and DM, HTN, conscious level, stroke severity or outcome. Twenty-four

patients (82.8 %) of c-ANCA positive patients were anti-HCV antibody positive. Anti-HCV antibodies, high viremia and creatinine level, were significantly higher in c-ANCA positive patients, (Table 2). There were insignificant differences between c-ANCA negative and c-ANCA positive patients regarding level of serum cholesterol, triglycerides, glucose, prothrombin time and concentration, albumin, and bilirubin. Erythrocyte sedimentation rate (ESR) was slightly higher (although insignificantly) in c-ANCA positive patients (Table 2).

As for the survival rate, there was no significant difference between ANCA-positive and ANCA-negative stroke patients (P= 0.4, Figure 1).

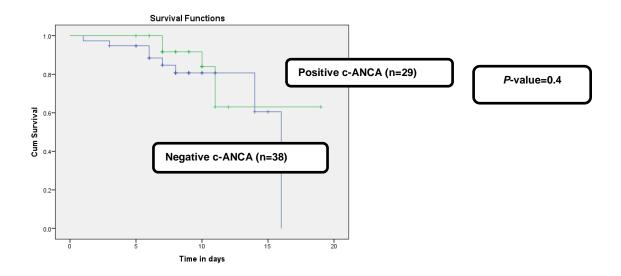
The mean age of patients with HCV antibody positive was higher the those with negative HCV but still insignificant (*P*=0.05)

More than 50% of patients with positive HCV had multiple cerebral infarctions with P=0.01. Table (3)

There was no significant correlation between positive HCV and conscious level stroke severity or outcome.

The relationship between c-ANCA and HCV infection (as measured by HCV antibodies) was investigated using Pearson product correlation coefficient. There was a Medium, positive correlation between the two variables [r.41, n=67, P= 0.001]. Table (4)

Multiple Logistic Regression Analyses of different variables with c-ANCA positive patients showed that the age, PCR level HCV viral RNA, number and size of cerebral infarctions were independent predictors of c-ANCA positivity with *P* values (0.028, 0.018, 0.02, 0.037) respectively. (Table 5)



**Figure 1.** Kaplan-Meier's survival curves of ANCA-positive versus ANCA-negative ischemic stroke patients. As for the survival rate, there was no significant difference between ANCA-positive and ANCA-negative ischemic stroke Egyptian patients (*P*= 0.4)

**Table 2.** c-ANCA negative and c-ANCA positive ischemic stroke Egyptian patients with Hepatitis C virus

		Negative c- ANCA(N=38)	Positive c-ANCA (N=29)	<i>P</i> -value	
Age		59.21 <u>+</u> 8.26	63.97 <u>+</u> 7.60	0.018	
Sex:	Male	18 (47.37%)	18 (62.07%)	NS	
	Female	20 (52.63%)	11 (37.93%)		
Smoking:	Non-smoker	26 (68.42%)	11 (37.93%)		
	Former smoker	7 (18.42%)	7 (24.14%)	0.027	
	Current smoker	5 (13.16%)	11 (37.93%)		
Hypertension		25 (65.79%)	20 (68.97%)	NS	
Cardiac disease		21 (55.26%)	8 (27.59%)	0.023	

Table 2. (Continued)

Table 2. (Continue	cuj				
		Negative c-	Positive c-ANCA	P-	
		ANCA(N=38)	(N=29)	value	
	Normal	18 (47.37%)	9 (31.03%)		
Liver:	Coarse echo pattern	13 (34.21%)	10 (34.48%)	NS	
LIVEI.	Liver cirrhosis	6 (15.79%)	9 (31.03%)	145	
	HCC	1 (2.63%)	1 (3.45%)		
Diabetes	Non-diabetic	25 (65.79%)	18 (62.07%)		
mellitus:	Type 1	5 (13.16%)	3 (10.35%)	NS	
memitus.	Type 2	8 (21.05%)	8 (27.59%)		
	Mildly disturbed	24 (63.16%)	21 (72.41%)		
GCS:	Moderately disturbed	10 (26.32%)	8 (27.59%)	NS	
	Severely disturbed	4 (10.53%)	0 (0.0%)		
	Mild	18 (47.37%)	13 (44.83%)		
SSS:	Moderate	7 (18.42%)	8 (27.59%)	NS	
	Severe	13 (34.21%)	8 (27.59%)		
Radiological data	Single lesion	25 (65.8%)	10 (34.5%)	0.011	
(CT &/or MRI):	Multiple lesions	13 (34.2%)	19 (65.5%)	0.011	
1	Small Infarction (<4 cm)	16(42.1%)	23(79.3%)	0.002	
Lesion size(cm):	Large Infarction (≥ 4 cm)	22(57.9%)	6(20.7%)	0.002	
	Hepatomegaly	1(2.6%)	2(6.9%)	NS	
	Mild course	13(34.2%)	10(34.5%)	NS	
Abdominal U/S:	Liver cirrhosis	6(15.8%)	9(31.0%)		
	HCC	1(2.6%)	1(3.4%)		
Outcome	- II .				
(measured by	Favorable outcome	19 (50%%)	13 (44.8%%)	NS	
Mrs):	Unfavorable outcome	19 (50%%)	16 (55.2%%)		
Mortality	Alive	30 (78.95%)	25 (86.21%)	NC	
Mortality:	Death	8 (21.05%)	4 (13.79%)	NS	
Cholesterol (mg/c	11)	186.42 <u>+</u> 54.55	187.24 <u>+</u> 53.98	NS	
Triglycerides (mg/	′dI)	164.87 <u>+</u> 68.55	203.66 <u>+</u> 126.73	NS	
Blood glucose (mg	g/dl)	150.16 <u>+</u> 58.92	137.86 <u>+</u> 55.91	NS	
Serum creatinine	(mg/dl)	1.16 <u>+</u> 1.24	2.15 <u>+</u> 1.9	0.014	
Prothrombin time	e (sec)	12.99 <u>+</u> 1.85	13.02 <u>+</u> 1.41	NS	
Prothrombin cond	centration (%)	83.53+14.35	82.18+12.79	NS	
Albumin (gm/dl)	, ,	4.23 <u>+</u> 5.50	3.28 <u>+</u> 0.72	NS	
Total bilirubin (mg	g/dl)	1.01 <u>+</u> 0.69	1.03 <u>+</u> 0.74	NS	
RBCs (x 10 <sup>12</sup> / I)		4.66 <u>+</u> 0.98	4.61 <u>+</u> 0.61	NS	
ESR (mm)		30.53 <u>+</u> 29.29	36.48 <u>+</u> 30.00	NS	
Anti-HCV	Negative	20 (52.6%)	5 (17.2%)		
antibodies:	Positive	18 (47.4%)	24 (82.8%)	0.003	
	Undetectable (< 34)	20 (52.6%)	5 (17.2%)		
		- 1 1		0.005	
HCV RNA level		12 (31.6%)	11 (37.9%)	0.005	
HCV RNA level (IU/ml):	Low level (34-100000)	12 (31.6%) 6 (15.8%)	11 (37.9%) 13 (44.8%)	0.005	
	Low level (34-100000) High level (>100000)	12 (31.6%) 6 (15.8%) 167549.95+430737.6	11 (37.9%) 13 (44.8%) 700011.48+123871	0.005	

HCC= Hepatocellular carcinoma. GCS= Glasgow coma scale. SSS= Scandinavian stroke scale. mRS= modified Rankin scale. RBCs= Red blood cells. ESR= Erythrocyte sedimentation rate. Anti-HCV antibodies= Anti-hepatitis C virus antibodies. HCV RNA= Hepatitis C virus RNA. HCV RNA= hepatitis C virus RNA by polymerase chain reaction. *P*>0.05 is not significant (NS)

**Table 3.** Clinical characteristics of HCV negative versus HCV positive ischemic stroke Egyptian patients.

		Negative HCV (N=25)	Positive HCV (N=42)	<i>P</i> -value	
Age		58.76±8.695	62.76±7.723	0.055	
Mil	ldly disturbed	15 (60.0%)	30 (71.4%)		
GCS: Mo	derately disturbed	7 (28.0%)	11 (26.2%)	NS	
Sev	erely disturbed	3 (12.0%)	1 (2.4%)		
Mil	Id	11 (44.0%)	20 (47.6%)		
SSS:	oderate Severe	5 (20.0%)	10 (23.8%)	NS	
IVIC	derate Severe	9 (36.0%)	12(28.6%)		
c-ANCA: Ne	gativo Positivo	20(80.0%)	18(42.9%)	0.002	
C-ANCA. NE	gative Positive	5(20.0%)	24(57.1%)	0.003	
Radiological data (CT &,	or MRI):				
-Number of Sin	gle lesion	15 (60.0%)	20 (47.6%)	0.011	
infarction: Mu	ıltiple lesions	10 (40.0%)	22 (52.4%		
Infarction size (cm):	Small Infarction (<	4 cm) 14 (56.0%0	25 (59.5%)	NS	
-Infarction size (cm):	Large Infarction (≥	4 cm) 11 (44.0%)	17 (40.5%)		
Outcome (measured by	y Favorable outcom	e 15 (60.0%)	17 (40.5%)	NS	
mRS):	Unfavorable outco	ome 10 (40.0%)	25 (59.5%)	INS	
Mortality	Alive	21 (84%)	34 (81%)	NS	
Mortality:	Death	4 (16 %)	8 (19%)	1112	

HCC= Hepatocellular carcinoma. GCS= Glasgow coma scale. SSS= Scandinavian stroke scale. mRS= modified Rankin scale *P*>0.05 is not significant (NS)

Table 4. Correlation between c-ANCA and HCV antibody in ischemic stroke patients.

		c-ANCA	HCV antibody
C-ANCA	Pearson Correlation	1	0.412
	Sig. (2-tailed)		*0.001
	Number	67	67
Serology	Pearson Correlation	0.412	1
	Sig. (2-tailed)	*0.001	
	Number	67	67

<sup>\*</sup>P<0.05 is Significant.

**Table 5.** Multiple Logistic Regression Analyses of different variables in c- ANCA positive ischemic stroke patients.

	Regression	Std. Error	<i>P</i> -value	Odds	95% C.I.	
	Coefficient		r-value	ratio	Lower	Upper
Age	0.129	0.059	0.028	1.138	1.014	1.277
HCV antibody	-0.193	0.996	NS	0.824	0.117	5.807
PCR level	0.611	0.257	0.018	1.842	1.113	3.051
Number of cerebral infarctions	1.899	0.819	0.020	6.680	1.341	33.272
Size of cerebral infarction	-1.636	0.783	0.037	0.195	0.042	0.904

Age, PCR level the number and size of cerebral infarction were independent predictors of c-ANCA positivity. *P*>0.05 is not significant (NS).

# **Discussion**

Stroke is still a major global health problem in both developed and developing countries and determining the stroke subtype and underlying etiologies is a major step to choose the best method for prophylaxis. <sup>25</sup>

Chronic hepatitis C virus HCV may act as a trigger for the development of autoimmune diseases<sup>22</sup>, one of these autoimmune diseases is

autoimmune vasculitis. Vasculitis of the cerebral vessels can cause ischemic stroke. Ischemic stroke is one of the life-threatening complications of vasculitis in the central nervous system in chronic HCV infection.<sup>34</sup> Therefore, the present study was conducted to clarify the different characteristics of ischemic stroke in negative and positive c-ANCA test and to investigate the possible occurrence of cerebral vasculitis as a cause of ischemic stroke in patients with HCV and positive c-ANCA test.

In the absence of biopsy, the ANCA titre and the number of affected organ systems could be considered as diagnostic markers of ANCA Associated Vasculitis (AAV) in clinical practice.<sup>31</sup> In rare cases of AAV, the initial symptoms are those of cerebral infarction, which is difficult to distinguish from atherothrombotic cerebral infarction, leading to possible treatment delays.<sup>63</sup>

In our study, the prevalence of HCV infection in patients with ischemic stroke was high (62.7%). This reflects the high prevalence of HCV in our country in addition to the possible role of HCV in induction of ischemic stroke. Several authors documented the association between chronic HCV infection and ischemic stroke. <sup>11, 12, 15, 32, 38, 46, 46, 46</sup>

HCV infection is associated with an increased risk of cerebrovascular mortality, particularly for those with elevated serum HCV RNA levels.<sup>37</sup> and, a recent meta-analysis concluded for a significantly increased risk of stroke in association with HCV infection.<sup>27</sup>

In contrast, Younossi *et al.*<sup>65</sup> were not able to demonstrate an association between HCV and stroke in a retrospective cohort of subjects enrolled in the NHANES database between 1999 and 2010, the study population were heterogeneous in terms of such factors as gender, race, and hypertension.

The mechanism by which HCV may predispose to ischemic stroke is unclear, However, HCV induced vasculitis is a possible mechanism. Chronic **HCV** infection state characterized by а of chronic inflammation, which may be fundamental in the pathogenesis of ischemic stroke<sup>65</sup> In addition, lines of evidence suggest that the brain, but not peripheral nerves or skeletal muscles, is a permissive site for viral replication, as evinced from quasispecies analysis and the detection of replicative intermediate forms of HCV RNA and viral proteins within the central nervous system (CNS).<sup>19</sup>

Previous studies have shown the expression of HCV receptors in the brain microvascular endothelial cells and the microvascular endothelia are the only cells in the neuronal pool to bear the receptors for HCV. Microvascular endothelial cells, that form integral components of blood brain barrier (BBB), are thus assumed to play critical role in the transit of HCV into CNS. <sup>20,40</sup>

Additional mechanisms, contributing to neurological dysfunction, are possibly related to the effect of circulating inflammatory cytokines and chemokines reaching brain tissues across altered sites of the blood-brain barrier.<sup>42</sup>

Cryoglobulinemia, is detected in up to 50% of HCV infected patients, inducing symptomatic disease in nearly 15% of cases. Cryoglobulins (CGs) are cold-precipitable immunoglobulins, which, following vascular deposition, elicit inflammation and occlusion of small- and medium size blood vessels.<sup>42</sup>

Some studies have noted an association between carotid artery atherosclerosis and HCV infection.<sup>6, 23</sup> and HCV RNA sequences have been detected in carotid artery plaque from patients seropositive for antibody to HCV.<sup>7</sup>

Up to our knowledge this study is one of the few studies that assess the relation between c-ANCA and HCV in patients with ischemic stroke.

In our study we found that most of c-ANCA positive patients (82.8%) were anti HCV antibodies positive indicating a significant association between chronic HCV infection and c-ANCA positivity.

ANCA induction can occur due to many chronic infections including chronic HCV infection. About thirty-five percent (35.2%) of patients with positive ANCA had confirmed viral infections including HCV.<sup>8</sup> The high percent of positive ANCA in our series related to the usage of more sensitive ELIZA method for detection of ANCA and higher prevalence of HCV in our locality

Acay and colleagues reported that the frequency of auto-antibodies particularly antinuclear antibody (ANA) is significantly increased among individuals with HCV infection and it was detected in nearly 20% of HCV infected patients.<sup>2</sup>

Another study reported that approximately 20–40% of patients with chronic HCV hade nonorgan specific autoantibodies. Female gender and significantly more elevated ALT values are prevalent in these cases. <sup>10</sup>

In a study was conducted in 2 European centers, ANCA was present in about 10% of patients with HCV-associated mixed cryoglobulinemia or chronic hepatitis C. <sup>36</sup>

In this work c-ANCA positivity is significantly associated with smaller size and the larger number of cerebral infarctions which raise the possibility of vasculitis as a cause of cerebral infarction in HCV patients. Like previous studies that documented CNS vasculitis as well-known events in patients with HCV.<sup>5, 15, 28</sup> Malnick and colleagues attributed the CNS ischemic changes to an anti-phospholipid syndrome or it might be associated with the anti-neutrophil cytoplasmic antibodies.<sup>39</sup>

In our series the c-ANCA positivity not correlated to conscious level, stroke severity, outcome or mortality as most of the patients presented with lacunar infarcts, a finding confirmed by other studies which reported the occurrence of acute cerebrovascular events including transient ischemic attacks, ischemic stroke and lacunar syndromes in patients suffering with HCV. 45, 47, 50

The mean age of c-ANCA positive patients was significantly higher than c-ANCA negative patients denoting that c-ANCA positivity may be gradually acquired with increasing duration of HCV infection. Thus, vasculitis becomes more common with increasing age. c-ANCA positivity was more common in males which may indicate early acquisition of HCV infection in males than in females. Watts et al. (2012)<sup>62</sup> found the peak age at diagnosis of ANCA positivity was 65-74 years with a male preponderance. Many authors found higher prevalence of HCV in males compared to females. 4, 53 with marked increase in prevalence with increase in age<sup>1, 14,45</sup>. The higher prevalence observed in males and rural dwellers may be in part attributed to the parenteral anti-schistosomiasis therapy campaigns.21

Smoking were significantly higher in c-ANCA positive patients. Smoking leads to multiple system affection and inflammation. Chronic inflammation is linked to c-ANAC induction.

In our study there were insignificant differences between c-ANCA negative and c-ANCA positive patients regarding level of serum cholesterol, triglycerides, glucose, creatinine, prothrombin time and concentration, albumin, and bilirubin. Erythrocyte sedimentation rate (ESR) was slightly higher (although insignificantly) in ANCA positive patient.

Limitations: The major limitation of this study is relatively small number of patients and it is not designed prospectively, we did not follow the patients to detect the emergence of autoimmune diseases. Despite these limitations, the present study has shown that a significant association between HCV infection and ANCA. ANCA-associated vasculitis (AAV) may be considered as possible cause of stroke, so ANCA should be screened for patients with stroke and infected by HCV and should be treated by specific strategies in order to prevent cerebrovascular disease.

In conclusion, the present study is among the few studies that exhibit an association between ANCA and HCV infection in patients with first ever ischemic stroke and confirm that AAV could be a possible cause of stroke.

### **Author Contributions**

ABM and ABH, managed the research protocol, diagnosed, assessed the neurological lesions, and shared in the statistical work and writing the manuscript. HMH, managed the research protocol, did the laboratory work, shared in writing the final manuscript. MS, AMZ, SK, managed the protocol, diagnosed, and assessed the hepatic condition, shared in writing. EMA, HSMA, managed the protocol of the study, clinically assessed the patients, writing the manuscript, statistical work. AHA, managed the protocol, shared in the laboratory work. All authors read and approved the final manuscript.

# **Declaration of Conflicting Interests**

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# **Ethical approval**

The study protocol got ethical approval number IBR♯ S20-137 from Sohag University, Faculty of Medicine, and research ethical committee.

### Informed consent

A signed consent form was obtained from each study participant.

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