

# Assessment of Anti- $\beta$ 2 glycoprotein1 antibody in Systemic Lupus Erythematosus Patients

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## Abstract

Secondary anti-phospholipid syndrome (APS) is diagnosed in many patients with systemic lupus erythematosus (SLE) especially with thromboembolic events and/or pregnancy loss in the presence of persistent laboratory evidence for anti-phospholipid antibody (aPL). In this work, we aimed to detect the prevalence of IgG and IgA anti- $\beta$ 2 glycoprotein1 ( $\beta$ 2GPI) in SLE patients. Serum samples were collected from 50 female patients with SLE (25 had APS and 25 patients who did not have APS), in addition to 22 apparently healthy females with matched age as a control group. All samples from patients and control were tested for lupus anticoagulant (LA), IgG and IgA isotypes of anti $\beta$ 2GPI, Anti-nuclear antibody (ANA), Anti-double strand antibody (Anti-dsDNA). Number of patients positive for Anti- $\beta$ 2GPI antibodies were significantly increased in APS patients compared to non-APS patients ( $P=0.015$ ). Anti- $\beta$ 2GPI IgA isotype was significantly higher in APS patients than in non-APS patients ( $P=0.011$ ) and significantly correlated with deep venous thrombosis and pregnancy morbidity ( $P=0.004$ ). There was no difference in anti- $\beta$ 2GPI IgG isotype between APS patients and non-APS patients. We concluded that although anti- $\beta$ 2GPI IgA is not within Sapparo diagnostic criteria, it seems to contribute to the pathogenesis of thrombotic manifestations of SLE and may represents a useful indicator particularly when standard aPL tests are negative.

**Keywords:** Systemic lupus erythematosus, Anti-phospholipid syndrome, Anti-phospholipid antibodies, lupus anticoagulant

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## Introduction

Systemic lupus erythematosus (SLE) is a chronic autoimmune disease that predominately affects women. It is characterized by a relapsing intermitting course with periods of flares,

alternating periods of remission and broad spectrum of clinical manifestations, however, its course and organ involvement are unpredictable. Although over the last few decades an improvement in survival for SLE patients has been observed, pathogenic

mechanisms underlying this disease are still unclear. Co-morbidities due to the disease itself and treatment regimens, as well as multiple aspects of SLE, are under intensive investigation.<sup>1</sup>

SLE is characterized by involvement of large number of organs, presence of immune complexes in the affected organs and the excessive production of a variety of autoantibodies, including antiphospholipid antibodies (aPL).<sup>2</sup> Although SLE patients frequently harbor aPL, which significantly affects their clinical manifestations and prognosis, information about the characteristics of aPL positivity in SLE patients is insufficient. Previous studies of aPL in SLE may have not reflected the true prevalence of aPL, and their results were inconsistent. Many SLE patients produce aPL intermittently, and their levels vary depending on SLE disease activity, hindering accurate estimation of the prevalence of aPL. Also, the methods used to measure serum aPL levels and the cut off values for positivity could have varied among studies. In addition, a study results suggested that ethnic differences could influence the prevalence of aPL.<sup>3</sup>

One of the major complications of SLE is antiphospholipid syndrome (APS). It is a systemic auto-immune disease, characterized by venous and arterial thrombosis and often multiple recurrent fetal losses frequently accompanied by a moderate thrombocytopenia in the presence of a lupus anticoagulant, elevated anti-cardiolipin antibodies, and anti-beta-2-Glycoprotein-1 (anti-β2G1) antibodies. Diagnosis of the syndrome can be based on the presence of any of the clinical manifestations together with the detection of either of the aPL antibodies.<sup>4</sup>

It has been reported that the binding of aPL to cardiolipin requires the presence of β2GPI as a cofactor. β2GPI is an apo-lipoprotein, a member of the complement control family and is considered a natural inhibitor of coagulation.<sup>5,6</sup> In addition, *in vitro* studies have shown that it has anti-angiogenic and anti-apoptotic effects.<sup>7,8</sup> It consists of 326 amino acids, arranged in 5 highly homologous complement-control protein domains that are designated I to V from the N- to the C-terminus.

Domain I (DI) is the epitope for the pathological autoantibodies.<sup>5,9</sup>

Currently routine diagnosis of APS includes testing for antibodies of the IgG or IgM isotype to β2GPI as a one of the three antibodies that are included in the criteria of diagnosis of APS.<sup>10</sup> These criteria do not include the IgA isotype for aPL and the role of IgA as a diagnostic marker for APS is still a matter of debate.

There are several suggested reasons for why the concomitant presence of SLE may increase the risk of thromboembolism in patients with anti-β2GPI IgA.<sup>11</sup> Firstly, SLE may confer an increased risk for thrombosis that is independent from that of antiphospholipid antibodies.<sup>12</sup> Secondly, concurrent inflammation and activation of innate immunity during flare of SLE may provide a second hit necessary for antiphospholipid antibody reaction to induce thrombosis.<sup>13</sup> Thirdly, the epitope specificity of anti-β2GPI IgA may differ depending on whether antiphospholipid antibodies arise in presence or absence of systemic autoimmunity.<sup>14</sup> The lack of well-designed prospective studies raises doubts as to the usefulness of testing for IgA aPL. Testing for IgA aPL may enhance thrombotic risk assessment only under certain circumstances, such as when clinical signs and symptoms of APS are present (usually in association with SLE), and tests for standard aPL are negative.<sup>15</sup> Consequently, this work aimed to clarify the significance of the different anti-β2GPI isotypes (IgG and IgA) among Egyptian SLE patients with or without associated APS.

## Subjects and Methods

The study included 50 SLE female patients, fulfilling criteria of the American college of rheumatology for diagnosis of SLE.<sup>16</sup> Patients were recruited, during the period from May 2015 to October 2016, at the Rheumatology Unit, Department of Internal Medicine, Assiut University Hospitals.

Exclusion criteria: Patients with risk factors of arterial and venous thrombosis as history of diabetes mellitus, patients with uncontrolled systemic hypertension, dyslipidemia were excluded.

All patients were subjected to careful medical history taking and clinical examination. SLE patients were classified into two groups; Group 1: 25 SLE patients with secondary APS diagnosed using the Sapporo classification criteria.<sup>17</sup> Group 2: 25 SLE patients without APS. Also, 22 apparently healthy females who were age matched to SLE patients were recruited as a control group.

Obstetric history was carefully taken from all study subjects with special emphasis on pregnancy morbidities (abortion, stillbirth and pre-eclampsia). The following laboratory investigations were done for all study subjects:

-Lupus Anticoagulant testing was performed using LA 1 screening reagent (Ref. no. OQGP17, Seimens Healthcare Diagnostics Products GmbH, USA) and LA2 Confirmation reagent (Ref. no. OQGR13, Seimens Healthcare Diagnostics Products GmbH, USA) on SysmexCA-1500 (Seimens Healthineers, Germany) according to manufacturer's instructions and LA ratio was calculated:

$$\text{LA Ratio} = \frac{\text{LA1 Screening reagent clotting time.}}{\text{LA2 Confirmation reagent clotting time.}}$$

Normal LA1/LA2 ratio: 0.8-1.2<sup>18</sup>

-Antinuclear antibody (ANA), anti-double stranded DNA (anti-dsDNA), anti-β2GPI IgA and anti-β2GPI IgG were done in the Laboratory of Clinical Immunology - Assiut University Hospital, on Alegria (Orgentec Diagnostics GmbH, Germany). Alegria is an automated enzyme linked immunosorbent assay (ELISA)- based system, Alegria test strips use the sensotronic memorized calibration (SMC) technology. Testing was performed according to the manufacturer's instructions.

A. ANA was done using ANA detect test strips (ORG200, Orgentec, Germany) which are used for the qualitative screening of IgG class autoantibodies against SS-A -52 (Ro-52), SS-A-60 (Ro-60), SS-B (La), RNP/Sm, RNP-70, RNP-A, RNP-C, Sm-BB, Sm-D, Sm-E, Sm-F, Sm-G, Scl-70, Jo-1, dsDNA, ssDNA, polynucleosomes, mononucleosomes, histone complex, histones (H1, H2A, H2B, H3, H4), Pm-Scl-100 and centromere B in human serum or plasma

samples.<sup>19</sup> Test results are represented as index; index value < 1.0 is negative, index value from 1.0 to 1.2 is borderline and index value of > 1.2 indicates positive results.

B. Anti-dsDNA was done using dsDNA screen test strips (ORG204S, Orgentec, Germany) which are used for the quantitative measurement of IgG, IgA and IgM class autoantibodies against dsDNA in human serum or plasma samples.<sup>19</sup> Measurement range is 0 – 200 u/ml. Levels ≥ 25 u/ml are interpreted as positive.

C. Anti-β2GPI IgA was done using anti beta-2-Glycoprotein IgA test strips (ORG221A, Orgentec, Germany) which are used for the quantitative measurement of IgA class autoantibodies against β2GPI in human serum or plasma samples.<sup>20</sup> Measurement range is 1-100 u/ml. Levels up to 5u/ml are interpreted as negative, levels 5-8 u/ml are borderline and levels above 8 u/ml indicates positive results.

D. Anti-β2GPI IgG was done using anti beta-2-Glycoprotein IgG test strips (ORG221G, Orgentec, Germany) which are used for the quantitative measurement of IgG class autoantibodies against β2GPI in human serum or plasma samples.<sup>20</sup> Measurement range and its interpretation are as described above for anti-β2GPI IgA.

### Statistical analysis

Statistical analysis was done using SPSS (Statistical Package for Social Science) version 19. Chi-square and Fisher Exact tests were used to compare between qualitative variables. Mann-Whitney test was used to compare between two quantitative variables (non-normally distributed). P-value of < 0.05 was considered statistically significant.

## Results

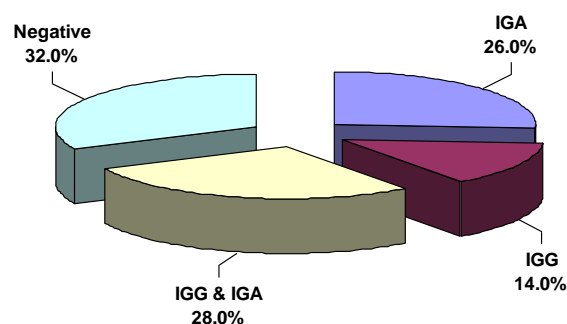
Demographic data and pregnancy morbidity of SLE patients and control subjects are shown in Table 1. There was statistically significant increase in pregnancy morbidities (abortion, stillbirth, pre-eclampsia) in SLE patients (60%) compared to that in control subjects (29.6%),  $P=0.035$ .

**Table 1.** Demographic data and pregnancy morbidity of SLE patients and control subjects.

	SLE Patients (n= 50)	Control (n= 22)	P-value
Age:(years)			
Mean $\pm$ SD	32.32 $\pm$ 7.71	31.55 $\pm$ 5.12	NS
Median (Range)	30.0 (18.0 - 49.0)	27.0 (20.0 - 46.0)	
Parity:			
Mean $\pm$ SD	2.81 $\pm$ 1.24	2.15 $\pm$ 0.93	NS
Median (Range)	3.0 (0.0 - 7.0)	2.0 (0.0 - 5.0)	
History of pregnancy	40 (80.0%)	17 (77.3%)	NS
Pregnancy morbidity:	24/40 (60.0%)	5/17 (29.4%)	0.035

SLE= Systemic lupus erythematosus, n= number, SD= standard deviation.  $P>0.05$  is not significant (NS).

When comparing SLE patients to control subjects regarding the immunological laboratory features, none of the control subjects had a positive result in any of the tests (ANA, anti-dsDNA, LA ratio, anti- $\beta$ 2GPI IgA and anti- $\beta$ 2GPI IgG). The frequency of positive test results in SLE patients was 18/50 (36%) for LA. Thirty-four patients (68%) had positive anti- $\beta$ 2GPI test result; 7 patients (14%) had positive anti- $\beta$ 2GPI IgG, 13 patients (26%) had positive anti- $\beta$ 2GPI IgA, 14 patients (28%) had positive results of both anti- $\beta$ 2GPI IgG and IgA (Figure 1). Levels of anti-dsDNA, LA ratio, anti- $\beta$ 2GPI IgA and anti- $\beta$ 2GPI IgG were significantly higher in SLE patients than in control subjects (Table 2).

**Figure 1.** Distribution of anti- $\beta$ 2GPI antibodies among systemic lupus erythematosus patients.**Table 2.** Levels of different antibodies in SLE patients and control subjects.

	SLE Patients (n= 50)	Control (n= 22)	P-value
Anti- dsDNA (u/ml)			
Mean $\pm$ SD	145.02 $\pm$ 161.60	9.47 $\pm$ 2.09	0.000
Median (Range)	72.1 (2.4 - 853.5)	9.4 (4.5 - 14.2)	
LA (ratio)			
Mean $\pm$ SD	1.28 $\pm$ 0.52	0.76 $\pm$ 0.13	0.000
Median (Range)	1.2 (0.3 - 2.9)	0.8 (0.5 - 1.0)	
anti- $\beta$ 2GPI IgG (u/ml)			
Mean $\pm$ SD	9.28 $\pm$ 8.30	1.58 $\pm$ 0.38	0.000
Median (Range)	7.7 (1.2 - 53.4)	1.5 (0.9 - 2.6)	
anti- $\beta$ 2GPI IgA (u/ml)			
Mean $\pm$ SD	20.20 $\pm$ 35.07	1.78 $\pm$ 0.35	0.000
Median (Range)	9.7 (0.8 - 160.0)	1.9 (1.0 - 2.5)	

SLE= Systemic lupus erythematosus, n= number, SD= standard deviation, anti-dsDNA= anti-double stranded DNA, LA= Lupus Anticoagulant, anti- $\beta$ 2G1= anti-beta-2-Glycoprotein-1.  $P<0.05$  is significant.

Table 3 shows demographic data and thrombotic complications in the two SLE patients' groups. Disease duration was significantly longer in the SLE patients with secondary APS (group 1) with mean  $\pm$  SD 5.06  $\pm$  3.32 years than in the SLE patients without APS (group 2) with mean  $\pm$  SD 2.97  $\pm$  2.57 years. Pregnancy morbidity (which include abortion, stillbirth, preeclampsia) was significantly higher in group 1 (86.4%) than in group 2 (27.8%),

$P < 0.0001$ . When comparing thrombotic complications between the two groups, there was a significant increase in the frequency of venous thrombosis in group 1 (80%) than in group 2 (12%); there was significant increase in deep venous thrombosis (DVT) in group 1 (60%) than group 2 (8%) and pulmonary embolism was significantly increased in group 1 (32%) than in group 2 (4%).

**Table 3.** Demographic data and thrombotic complications in SLE patients' groups.

	Group 1 (APS) (n= 25)	Group 2 (Non APS) (n= 25)	P-value
Age (years)			
Mean $\pm$ SD	33.44 $\pm$ 6.90	31.20 $\pm$ 8.44	NS
Median (Range)	34.0 (21.0 - 48.0)	29.0 (18.0 - 49.0)	
Duration of disease (years)			
Mean $\pm$ SD	5.06 $\pm$ 3.32	2.97 $\pm$ 2.57	0.009
Median (Range)	4.0 (0.5 - 14.0)	2.0 (0.1 - 10.0)	
Parity			
Mean $\pm$ SD	2.91 $\pm$ 1.20	2.70 $\pm$ 1.30	NS
Median (Range)	3.0 (0.0 - 5.0)	3.0 (0.0 - 7.0)	
History of pregnancy	22 (88.0%)	18 (72.0%)	NS
Pregnancy morbidity	19/22 (86.4%)	5/18 (27.8%)	0.000
Venous thrombosis:	20(80%)	3(12%)	0.000
DVT	15 (60 %)	2 (8 %)	0.000
Pulmonary embolism	8 (32 %)	1 (4 %)	0.023

APS= anti-phospholipid syndrome, n= number, SD= standard deviation, DVT= deep venous thrombosis.  
 $P > 0.05$  is not significant (NS).

Frequency of positive anti- $\beta$ 2GPI IgA testing was significantly higher in the SLE patients with secondary APS (group 1) (72%) than in SLE patients without APS (group 2) (36%). However, there was no difference observed in the

frequency of anti- $\beta$ 2GPI IgG positive tests in group 1 when compared to group 2 (Table 4). Anti- $\beta$ 2GPI IgA level was significantly higher in group 1 than in group 2,  $P = 0.005$  (Table 5).

**Table 4.** Frequency of positive tests in the two SLE patients' groups:

	Group1 (APS) (n= 25)		Group 2 (Non-APS) (n= 25)		P-value
	No.	%	No.	%	
LA ratio					
Positive (> 1.2)	12	48.0	6	24.0	NS
Negative	13	52.0	19	76.0	
Anti-β2G1 IgG					
Positive (> 8u/ml)	13	52.0	8	32.0	NS
Negative	12	48.0	17	68.0	
Anti-β2G1 IgA					
Positive (> 8u/ml)	18	72.0	9	36.0	0.011
Negative	7	28.0	16	64.0	
ANA					
Positive (index > 1.2)	20	80.0	20	80.0	NS
Negative	5	20.0	5	20.0	
Anti-dsDNA					
Positive (≥ 25 u/ml)	22	88.0	19	76.0	NS
Negative	3	12.0	6	24.0	

APS= anti-phospholipid syndrome, n= number, SD= standard deviation, LA= lupus anticoagulant, anti-β2G1= anti-beta-2-Glycoprotein-1, ANA= antinuclear antibodies, anti-dsDNA= anti-double stranded DNA. .P>0.05 is not significant (NS).

**Table 5.** Level of different antibodies in the two SLE patients' groups.

	Group1 (APS) (n= 25)	Group2 (Non-APS) (n= 25)	P-value
LA ratio			
Mean ± SD	1.38 ± 0.63	1.18 ± 0.35	NS
Median (Range)	1.2 (0.4 - 2.9)	1.1 (0.3 - 2.2)	
Anti-β2G1 IgG (u/ml)			
Mean ± SD	9.94 ± 9.89	8.61 ± 6.49	NS
Median (Range)	8.2 (1.7 - 53.4)	7.6 (1.2 - 28.9)	
Anti-β2G1 IgA (u/ml)			
Mean ± SD	25.56 ± 36.12	14.84 ± 33.86	0.005
Median (Range)	14.5 (1.4 - 160.0)	3.6 (0.8 - 145.0)	
Anti ds-DNA (u/ml)			
Mean ± SD	121.05 ± 182.91	168.99 ± 136.61	NS
Median (Range)	45.4 (7.4 - 853.5)	146.1 (2.4 - 409.0)	

APS= anti-phospholipid syndrome, n= number, SD= standard deviation, LA= lupus anticoagulant, anti-β2G1= anti-beta-2-Glycoprotein-1, anti-dsDNA= anti-double stranded DNA. .P>0.05 is not significant (NS).

Pregnancy morbidity and DVT frequencies were significantly increased in anti-β2GPI IgA positive SLE patients (66.7% and 51.9%, respectively)

when compared to those with negative anti-β2GPI IgA test (26.1% and 13%, respectively), P=0.004. Frequency of pulmonary embolism

was significantly increased in anti- $\beta$ 2GPI IgG positive SLE patients (38.1%) when compared to those with negative anti- $\beta$ 2GPI IgG test (3.4%),  $P=0.002$ . Also, pregnancy morbidity frequency

was significantly increased in SLE patients with positive LA test (66.7%) compared to those with negative LA test (37.5%),  $P=0.048$  (Table 6).

**Table 6.** Relation between positive anti-phospholipid antibodies tests and clinical complications.

	Pregnancy morbidity (n=24)	Pulmonary embolism (n=9)	DVT (n=17)
LA			
Positive (n=18)	12 (66.7%)	5 (27.8%)	9 (50.0%)
Negative(n=32)	12 (37.5%)	4 (12.5%)	8 (25.0%)
<i>P</i> - value	0.048	NS	NS
Anti- $\beta$ 2G1 IgG			
Positive (n=21)	11 (52.4%)	8 (38.1%)	7 (33.3%)
Negative(n=29)	13 (44.8%)	1 (3.4%)	10 (34.5%)
<i>P</i> - value	NS	0.002	NS
Anti- $\beta$ 2G1 IgA			
Positive (n=27)	18 (66.7%)	4 (14.8%)	14 (51.9%)
Negative(n=23)	6 (26.1%)	5 (21.7%)	3 (13.0%)
<i>P</i> -value	0.004	NS	0.004

DVT= deep venous thrombosis, n= number, LA= lupus anticoagulant, anti- $\beta$ 2G1= anti-beta-2-Glycoprotein-1.  
 $P>0.05$  is not significant (NS).

## Discussion

In this study most of SLE appears during the childbearing years in women, mainly between ages 15 and 50 years, thus reflecting a hormonal influence in disease pathogenesis.<sup>21</sup>

As regard pregnancy morbidity, it was significantly higher in SLE patients when compared to control subjects. This may be related to clinical or subclinical inflammation, presence of auto-antibodies, hormonal dysfunction, immune alteration in SLE and impairment of early placental development which lead to poor vascularization resulting in placental ischaemia and subsequent endothelial damage. According to the extent of this damage, pregnancy loss, intra uterine growth retardation, and/or preeclampsia can develop.<sup>22,23</sup> The pregnancy morbidity was higher in group 1 (SLE with APS) than in group 2 (SLE without APS). This is similar to what was reported by Tebo and colleagues.<sup>24</sup>

Also, in this study, longer disease duration and higher frequency of venous thrombosis (DVT and pulmonary embolism) was found in group 1 than in group 2. This observation agrees with the findings of Hamadani and colleagues, 2015,<sup>25</sup> who reported that DVT was present in 3% of SLE patients compared to 27.6% of SLE/APS patients, pulmonary embolism was 3% in SLE patients compared to 34.5% in SLE/APS patients, and abortion was 7.5% of SLE patients compared to 27.6% of SLE/APS patients and they correlated the increased duration of the disease to higher frequency of complications.

None of the control subjects had anti- $\beta$ 2GPI IgG or anti- $\beta$ 2GPI IgA. This result coincides with the result reported by Engel and his colleagues, 2017.<sup>26</sup>

In this study, anti- $\beta$ 2GPI antibodies were detected in 68%, and LA was detected in 36% of SLE patients. This in agreement with Engel and colleagues, 2017.<sup>26</sup> who reported that total anti- $\beta$ 2GPI antibodies was detected in 63.6% and LA



was detected in 45%. In another study, LA was detected in 25%.<sup>25</sup>

Anti- $\beta$ 2GPI IgA was more frequent than anti- $\beta$ 2GPI IgG (54% versus 42%) in SLE patients (14% of SLE patients had only IgG isotype, 26% had only IgA isotype, 28% had both IgG and IgA isotypes). In agreement with this finding, Rodriguez-Garcia and colleagues, 2015,<sup>27</sup> performed a systematic review of 16 studies and reported 56.3% prevalence of anti- $\beta$ 2GPI IgA antibodies in APS patients. However, Pericleous and colleagues, 2016,<sup>28</sup> reported that both anti- $\beta$ 2GPI (IgG and IgA) were detected in 8% of SLE patients.

Anti- $\beta$ 2GPI (IgG and IgA) was detected in 84% in patients with APS, in 52% of patients without APS, and LA was detected in 48% of APS group and 24% of non-APS group. In agreement with our results, Zhang and his coworkers, 2016, revealed that anti- $\beta$ 2GPI was found in 74% of cases in SLE/APS and in 19% of cases in SLE/non-APS.<sup>29</sup>

In this work, we detected anti- $\beta$ 2GPI IgG in 52 % in APS group and 32% in non-APS group and anti- $\beta$ 2GPI IgA in 72% in APS group and 36% in non-APS group. IgA was significantly higher in APS group than in non-APS group. Pericleous and colleagues, 2016,<sup>28</sup> reported that prevalence of anti- $\beta$ 2GPI IgG in APS was 65%, and prevalence of IgA anti- $\beta$ 2GPI in APS was 46%. The higher frequency of anti- $\beta$ 2GPI antibodies in the APS group relative to the non-APS group may be related to that antibodies against the domain I of  $\beta$ 2 glycoprotein I ( $\beta$ 2GPI) are increasingly recognized as the major pathogenic mechanism in APS.<sup>30, 31</sup>  $\beta$ 2GPI is localized on the cell surface of human endothelial cell (EC) associated with lipids or membrane proteins, so, anti- $\beta$ 2GPI antibodies can activate EC, upregulate adhesion molecules, and induce cytokine production.<sup>30</sup>

The level of anti- $\beta$ 2GPI IgA was significantly higher in APS when compared to non-APS. In agreement with our results, McDonnell and colleagues, 2020, stated that IgA positivity occurred more frequently and at higher titers in SLE patients with APS manifestations.<sup>10</sup> In this work, comparison between APL isotype positive patients and negative patients regarding the obstetric morbidity, revealed that

pregnancy complications were significantly associated with LA 66.7% ( $P=0.048$ ) and anti- $\beta$ 2GPI IgA 66.7% ( $P=0.004$ ) and not with anti- $\beta$ 2GPI IgG. In agreement with our results, Zhang and colleagues, 2016,<sup>29</sup> also found no significant association between anti- $\beta$ 2GPI IgG and pregnancy morbidity.

Pulmonary embolism was significantly increased in anti- $\beta$ 2GPI IgG positive SLE patients ( $P=0.002$ ), and DVT was significantly increased in anti- $\beta$ 2GPI IgA positive SLE patients ( $P=0.004$ ). aPL is thought to interfere with the function of binding proteins and activate endothelial cells inducing a pro-inflammatory and pro-coagulant state in blood vessels which leads to thrombosis.<sup>30, 31</sup> The occurrence of thrombosis in patients with APS has been explained by several pathophysiological mechanisms, including activation of various cells (endothelial cells, monocytes and platelets),<sup>32</sup> acquired activated protein C resistance,<sup>33</sup> tissue factor expression and reduced tissue factor pathway inhibitor (TFPI),<sup>34</sup> complement activation<sup>35</sup> and resistance to the action of annexin A5.<sup>36</sup>

In this study, anti- $\beta$ 2GPI IgA isotype had the strongest association with APS and SLE manifestations and APS complications. These results confirm clinical significance for IgA aPL in predicting thrombotic events previously reported by McDonnell and colleagues, 2020.<sup>10</sup>

In conclusion, anti- $\beta$ 2GPI antibodies were highly represented in SLE patients in general and in APS patients specifically. Anti- $\beta$ 2GPI IgA was the most antibody isotype, showing positivity in the study lupus patients. Anti-2GPI IgA level and number of patients positive for anti- $\beta$ 2GPI (IgA) were significantly higher in APS patients than in non-APS patients. Although anti- $\beta$ 2GPI IgA is not within Sapparo diagnostic criteria, it seems to contribute to the pathogenesis of thrombotic and non thrombotic manifestations of SLE and APS including DVT and pregnancy morbidity. Testing for anti- $\beta$ 2GPI IgA may enhance thrombotic risk assessment in association with SLE and may represent a useful indicator particularly when standard aPL tests are negative.



## Author Contributions

WTE, TMK and SSE proposed and designed the study. SSE clinically evaluated the patients and followed them up. MSY collected patients' information and performed the laboratory work. TMK, TTHE and MSY interpreted the laboratory test results and analyzed the data. TMK and MSY wrote the paper draft. WTE, SSE and TTHE revised the paper. TTHE prepared the final manuscript.

## Declaration of Conflicting Interests

The author(s) declared no potential conflicts of interest with respect to the research, authorship, and/or publication of this article.

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## Ethical approval

The study protocol was reviewed and approved by the Ethical Committees at Faculty of Medicine, Assiut University (IRB: 17101317, February 2015).

## Informed consent

A signed consent form was obtained from each study participant.

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